

# Sails

## Family Bistro

Mon - Thurs Lunch 11.30am - 3pm  
Dinner 5pm - 8.30pm  
Fri - Sun Open all day from 11.30am

### Starters / Share Plates

GARLIC TURKISH BREAD \$6 / 8  
add Cheese +\$2

GARLIC PIZZA 10" \$10 / 12  
add Cheese +\$2

gluten free option available + \$3

TOMATO & BASIL BRUSCHETTA \$12 / 14  
w/ toasted garlic bread

SALT & PEPPER SQUID \$15 / 17  
house made, w/ aioli

VEGETABLE SPRING ROLLS (4) \$14 / 16 (v)  
house made, w/ our own dipping sauce

CURRY PUFFS (4) \$14 / 16 (v)  
house made w/ our own dipping sauce

CRISPY PORK BELLY BOA BUNS (3) \$16 / 18  
w/ coriander, mint & cucumber

BEEF & BEAN NACHOS \$20 / 22 (gf)  
w/ crispy cheese corn chips, guacamole, salsa and sour cream

SPICY BEAN NACHOS \$20 / 22 (v) (gf)  
w/ crispy cheese corn chips, guacamole, salsa and sour cream

Vegan Cheese available +\$2

CRUMBED CAULIFLOWER \$14 / 16 (v)  
tossed in our own buffalo sauce & blue cheese dressing

BUFFALO WINGS \$16 / 18  
w/ buffalo sauce & blue cheese ranch or cola BBQ sauce

### Mains

SIRLOIN STEAK (250g) \$30 / 33  
chips & salad or mash & veg  
add Creamy Garlic Prawns (5) \$14 / 16 (gf)

ROAST of the DAY \$21 / 23  
roasted root vegetables, peas, gravy (gf available)

CHICKEN SCHNITZEL (sm) \$17 / 19 (lg) \$23 / 25  
chips & salad or mash & vegetables  
add Creamy Garlic Prawns (5) \$14 / 16

CHICKEN PARMIGIANA (sm) \$20 / 22 (lg) \$28 / 30  
chips & salad or mash & vegetables

#### PARMY TOPPERS:

OLD FAITHFUL—Napoli sauce, smoked ham, tasty cheese

DEATH BIRD—Hot buffalo sauce, pepperoni, tasty cheese

HAWAIIAN—Napoli sauce, smoked ham, pineapple, tasty cheese

CRUMBED SPICED CAULIFLOWER \$20 / 22 (v)  
w/ red lentil dahl, pumpkin, raita & flat bread

CRISPY PORK BELLY \$28 / 31 (gf)  
w/ colcannon, braised leek, broad beans & jus

RED WINE BRAISED BEEF CHEEKS \$24 / 26  
w/ creamy mash & broccolini

MASSAMEN LAMB SHANK \$24 / 26 (gf)  
w/ rice, peanuts & coriander

CRUMBED LAMB CUTLETS (2) \$25 / 27  
w/ mash, peas & mustard gravy  
add extra cutlet \$10 / 12

MIXED GRILL \$42 / 45  
steak, sausage, bacon, crumbed lamb cutlet, pork belly, grilled tomato,  
chips, onion rings & your choice of sauce

### From the Sea

BEER BATTERED FISH \$22 / 24 (gf)  
w/ chips, salad, lemon & tartare

SALT & PEPPER SQUID \$22 / 24  
w/ chips & salad

GRILLED BARRAMUNDI \$26 / 28 (gf)  
w/ soba noodles, bok choy and a lemongrass, ginger broth

CRISPY SKIN SALMON \$31 / 34 (gf)  
w/ sweet potato mash, broccolini & salsa verde

SEAFOOD PAELLA \$31 / 34 (gf)  
traditional Spanish paella w/ prawns, mussels, squid & fish

### Sides \$4

POTATO MASH (gf)

MIXED VEG (gf)

CHIPS

HOUSE SALAD

SWEET POTATO CHIPS \$6

### Sauces \$2

CREAMY PEPPER

DIANE (gf)

CREAMY MUSHROOM

HOT BUFFALO (gf)

COLA BBQ (gf)

SMOKY BBQ

BLUE CHEESE RANCH

GARLIC AIOLI (gf)

## Burgers

All burgers served with a side of chips

### BUTTERMILK CHICKEN \$20 / 22

w/ lettuce, tomato, American cheese & adobo chilli mayo

### THE HOFF \$21 / 23

200g wagyu patty, bacon, beetroot relish, caramelised onion, American cheese, iceberg lettuce, bbq sauce & Sails burger sauce

add extra patty \$5

### FALAFEL \$19 / 22 (v)

w/ rocket, roast sweet potato, caramelised onion, beetroot relish & yoghurt dressing

Gluten free bun available + \$1

### BURGER BOWL

your choice of any of the above burgers served on chips in a bowl

## In The Bowl

### ROAST PUMPKIN SALAD \$17 / 20 (v) (gf)

w/ baby spinach, feta, pine nuts, red onion & balsamic dressing

add Chicken \$7 / 8

### CAESAR SALAD \$17 / 20

w/ baby cos, bacon, egg, parmesan, croutons  
Gluten free option available

add Chicken \$7 / 8

### BEEF BRISKET MEXICAN RICE BOWL \$23 / 25 (gf)

slow cooked brisket w/ corn, black beans, salsa, guacamole, sour cream & jalapeno poppers

### WARM LAMB SALAD \$24 / 26 (gf)

w/ crispy potatoes, cherry tomatoes, red onion, roasted red capsicum, rocket & goat cheese

## Pizza

### MOZZARELLA CHEESE \$15 / 17

w/ tomato sugo

### MARGARITA \$17 / 19

tomato sugo, basil, bocconcini & cherry tomatoes w/ garlic flakes

### HAWAIIAN \$20 / 22

tomato sugo, ham, pineapple & mozzarella

### BBQ MEAT LOVERS \$23 / 25

bbq sauce, bacon, ground mince, pepperoni, ham, onion

### PEPPERONI \$22 / 24

tomato sugo, spicy pepperoni, mozzarella

### SAILS SUPREME \$23 / 25

tomato sugo, pepperoni, ground beef, capsicum, red onion, olives, mushroom & feta

### CHICKEN \$23 / 25

tomato sugo, bacon, camembert, spinach, red onion, red capsicum, mozzarella & hollandaise sauce

### VEGETARIAN \$18 / 20

tomato sugo, roast sweet potato, caramelised onion, kale & goat cheese

Gluten free option available +\$3

## Children

under 12 years only. Meal includes a drink

### CHEESEBURGER & CHIPS \$12 / 14 (gf available)

### FISH & CHIPS \$10 / 12

### CHICKEN NUGGETS & CHIPS \$10 / 12

### SAUSAGE, MASH & PEAS \$10 / 12 (gf)

### CALAMARI & CHIPS \$10 / 12

### LINGUINI BOLOGNAISE \$10 / 12

topped with cheese

### ROAST MEAT & VEGETABLES \$12 / 14 (gf)

## Dessert

### HOT CINNAMON DOUGHNUTS \$12 / 14

w/ apple puree & ice cream

### LEMON TART \$12 / 14

w/ mixed berry compote & cream

### STICKY DATE PUDDING \$11 / 13

w/ butterscotch sauce & ice cream

### GELATO \$3.80

120ml tubs.

SALTED CARAMEL, CHOCOLATE, MINT CHOC, VANILLA